



MEMBERSHIP BENEFITS PROGRAM

Great benefits, great savings . . .

March 2024 / [Print a PDF](#)

New: Supplemental Health Plans

Enroll today in Sun Life's three new health plans that are designed to help protect your finances and cover related expenses not covered by your primary health plan—with a cash benefit paid directly to you.

- [Accident Insurance](#)
- [Specified Disease Insurance](#)
- [Hospital Indemnity Insurance](#)



Coming Soon: 2024 Family and Friends Day Events

PEF MBP's very popular family and friends day events are back this summer. Pick the date and location that works best for you and enjoy a full day of fun!

Great Adventure: July 13, 2024

Great Escape: August 10, 2024

Tickets available for sale soon, so watch your email!



New: Mortgage Benefit

PEF MBP and Mid-Island Mortgage Corp. are happy to announce a new mortgage benefit—UnionDirect. As a PEF member you can receive special purchase and refinance mortgage discounts for all scenarios and save up to \$2,700 in lender fees and closing costs.

[Learn more](#)



New: Water Gap Wellness

Did you know 21 million Americans have a substance use, dual diagnosis, or co-occurring disorder? At Water Gap Wellness Center, you benefit from an accredited and expert substance use and mental health program, exceptional housing, and a comprehensive structured level of step-down support that fosters transition to a more independent lifestyle.

[Learn more](#)



Your Key to Outdoor Enjoyment

The warmer weather is right around the corner. Be sure to purchase your 2024 Empire Pass, your key to all-season enjoyment. Not only can you visit 180 state parks but also over 50 DEC forest preserves, boat launches, and more!

Pass: \$60

[Buy Now](#)



Spring Break Ideas

Looking for something to do with the kids over Spring Break? PEF MBP and MemberDeals.com offer discounts to over 30 theme and water parks and over 20 popular attractions throughout the United States!

- [Attractions](#)
- [Theme/water parks](#)



Reading and Book Signing

Saturday, March 16, 10 a.m.–noon.

Teryn Roberts' newly released debut book, *I Deserve Better!* quickly earned its #1 spot on Amazon's New Release list. Join PEF MBP for a reading and book signing at the Albany Public Library!

[Learn more](#)

[Buy your book on Amazon](#)



Community Health & Wellness Fair

Saturday, April 27, 9 a.m.–3 p.m.

Join PEF, PEF MBP, and AFT as they host their second annual Health & Wellness Fair at the Washington Avenue Armory in Albany. Admission is free and open to the community as well as PEF members. Learn about health and wellness services in the Capital Region. Over 20,000 free children's books will be available for attendees to choose from.

[Learn more](#)

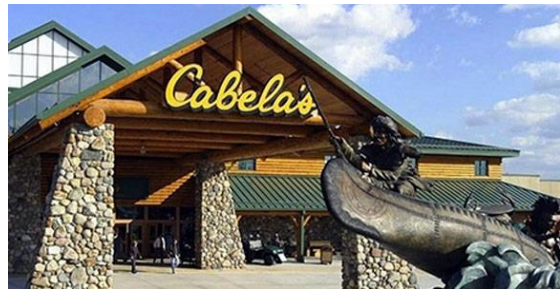


Cabela's Discounted Gift Card

The spring and summer season are just around the corner. Do you enjoy fishing, hiking, boating and other outdoor activities? Save money on new gear, accessories, and more with discounted gift cards available through PEF MBP!

Gift Card: \$25 for just \$23

[Buy now](#)



CVS Discounted Gift Card

Looking for a one-stop shop for all your beauty and pharmacy needs, while saving money? CVS offers a convenient place to pick up those important prescriptions and to shop popular health and beauty products.

Gift Card: \$25 for just \$23.75

[Buy now](#)



Subway Discounted Gift Card

Are you looking for a delicious meal? Subway not only offers fresh ingredients and affordable prices but new side kicks! Be sure to pick up a footlong churro, pretzel, or chocolate chip cookie on your next visit.

Gift Card: \$25 for just \$23.50

[Buy now](#)



Retirement Planning Webinar

Thursday, March 21, 6 p.m.–7:30 p.m.

Did you know that the limit on annual contributions to an IRA has increased to \$7,000? Planning for retirement is an important decision in your life. Staying informed of changes can impact your retirement finances and your planning.

[Register now](#)

WHAT'S YOUR PLAN FOR RETIREMENT



Value of Trusts Webinar Now Available On Demand

Did you miss this informative webinar? Now you can watch it at your leisure. Learn about the different types of trusts, how they operate, and why they are such a useful estate planning tool.

[Learn more](#)



Workers' Comp Legal Services

Get the legal help you need with one of these qualified Workers' Compensation legal providers!

- Aronova & Associates
- Grey & Grey, LLP
- Hurwitz, Whitcher & Molloy LLP, Attorneys at Law
- Law Firm of Alex Dell, PLLC
- Sawers & Sackel Workers' Comp Law Firm

[Learn more](#)



New BJ's Online Offers

Do you love saving money when shopping in bulk? Not only can you save on everyday groceries, but you can also save on gas, electronics, and so much more. Take advantage of the NEW special online offer available for new and returning BJ's customers.

[Learn more](#)



In-Person Defensive Driving Class

April 13–Region 5, Binghamton office
April 20–Regions 10 & 11, NYC office
May 18–Region 8, PEF MBP office
September 28–Region 12, Long Island office
October 5–Region 3, Rochester office
October 26–Region 1, Buffalo office

[Register now](#)



Protect yourself, your family & your paycheck with valuable insurance coverage.

New PEF members: Enroll within 240 days of your hire date with no medical questions asked. After 240 days, PEF members can enroll, or increase existing coverage when an [evidence of insurability form \(EOI\)](#) is submitted with your insurance application.



SHORT-TERM DISABILITY



LONG-TERM DISABILITY



LIFE INSURANCE

¹ If you decline coverage during your initial eligibility period and want to elect coverage or increase coverage at a later date, you are required to complete and submit an Evidence of Insurability application, which must be approved by Sun Life prior to coverage taking effect. For additional information, contact the PEF Membership Benefits Program.

Access the [online insurance application](#).